

[C||S||R] Seminar

Βιβλιογραφικός Οδηγός 2024-2025: Διεπαφές II Reading Guide 2024-2025: Interfaces

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Σκεπτικό: Στο σεμινάριο αυτής της χρονιάς, επιδιώκουμε να διατρέξουμε διεπιστημονική βιβλιογραφία (από τις συστημικές θεραπείες, την ιστορία, την ανθρωπολογία, την κοινωνική θεωρία, την ψυχανάλυση, κ), για έννοιες που εδραιώνουν διεπαφές ανάμεσα στο εσωτερικό και το εξωτερικό, το ψυχικό και το κοινωνικό, το μέσα και το έξω, το προσωπικό και το πολιτικό, αλλά και έννοιες που χρησιμοποιούνται ως εργαλεία στη θεραπευτική πρακτική. Με το γνώριμο φορματ της ομάδας μελέτης, θα μελετήσουμε και θα συζητήσουμε συνοπτικά σε μηνιαίες συναντήσεις τις έννοιες της **προσκόλλησης** (attachment), της **ενσυναίσθησης** (empathy), της **αναστοχαστικότητας** (reflexivity), της **συμπόνιας** (compassion), αλλά και έννοιες όπως η **συναρμογή** (assemblage), η **συνήχηση** (attunement), η **εγκαρσιότητα** (transversality), η **περίθλαση** (diffraction) και τελικά η **φροντίδα** (care).

1η Θεματική: Προσκόλληση/Δεσμός || 1st Theme: Attachment (21/10/2024)

1. Βορριά, Π. & Παπαληγούρα, Ζ. (2000). Η θεωρία του Δεσμού. *Παιδί και Έφηβος: Ψυχική Υγεία & Ψυχοπαθολογία*, 1 (2), 27-40.
2. Holmes, J. (2009). Ο John Bowlby και η θεωρία του δεσμού (Ε. Ανδριτσάνου, Επιμ. Έκδ.; Γ. Αθανασίου, Μετάφρ.). *Ελληνικά Γράμματα*.

3. Holmes, J. (1997), Attachment, autonomy, intimacy: Some clinical implications of attachment theory. *British Journal of Medical Psychology*, 70: 231-248. <https://doi.org/10.1111/j.2044-8341.1997.tb01902.x>
4. Bowlby, J. (1944). Forty-four juvenile thieves: Their characters and home life. *International Journal of Psychoanalysis*, 25(19-52), 107-127.
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6. Holmes, J. (1993). Attachment Theory: A Biological Basis for Psychotherapy? *British Journal of Psychiatry*, 163(4), 430–438. doi:10.1192/bjp.163.4.430
7. Stevenson-Hinde, Joan (2007) 'Attachment theory and John Bowlby: Some reflections', *Attachment & Human Development*, 9:4, 337 - 342. URL: <http://dx.doi.org/10.1080/14616730701711540>
8. Bretherton, I. (1992). The Origins of Attachment Theory: John Bowlby & Mary Ainsworth. in, *Developmental Psychology* (1992), 28, 759-775. Reprinted in from R. Parke, P. Ornstein, J. Reiser, & C. Zahn-Waxler (Eds.) (1994). *A century of developmental psychology*. (Chapter 15, pp. 431-471). <https://citeseerx.ist.psu.edu/document?repid=rep1&type=pdf&doi=9daf1c13f86720000e9ddcde238ab3756cc0847b>
9. Mackie, A.J. (1981), Attachment theory: Its relevance to the therapeutic alliance. *British Journal of Medical Psychology*, 54: 203-212. <https://doi.org/10.1111/j.2044-8341.1981.tb01450.x>
10. Felski, R. (2020). *Hooked: Art and attachment (chapters 1-2)*. University of Chicago Press.
11. ΚΑΦΕΤΣΙΟΣ, Κ. (2003). Ενεργά μοντέλα δεσμού ενηλίκων και ψυχική υγεία: Επισκόπηση της περιοχής και προτάσεις για κλινική εφαρμογή και έρευνα. *Εγκέφαλος*, 40, 30-45.
12. Βαϊδάκης, Ν. & Βούτου, Α. (2004). Βιολογικό Υπόβαθρο των διαπροσωπικών δεσμών. *Ψυχιατρική*, 15(2), <https://psychiatriki-journal.gr/documents/psychiatry/15.2-GR-77.pdf>
13. Johnson, S. M. (2004). Attachment Theory: A Guide for Healing Couple Relationships. In W. S. Rholes & J. A. Simpson (Eds.), *Adult attachment: Theory, research, and clinical implications* (pp. 367–387). Guilford Publications.
14. Johnson, S. M. (2009). Attachment theory and emotionally focused therapy for individuals and couples: Perfect partners. In J. H. Obegi & E. Berant (Eds.), *Attachment theory and research in clinical work with adults* (pp. 410–433). The Guilford Press.
15. Diamond, G., Diamond, G. M., & Levy, S. (2021). Attachment-based family therapy: Theory, clinical model, outcomes, and process research. *Journal of affective disorders*, 294, 286–295. <https://doi.org/10.1016/j.jad.2021.07.005>

2η Θεματική: Ενσυναίσθηση || 2nd Theme: Empathy (25/11/2024)

1. Batson, D. C. (2011). These Things Called Empathy: Eight Related but Distinct Phenomena, in J. Decety and W. Ickes (eds), *The Social Neuroscience of Empathy*. Cambridge: MIT Press.

2. Susan Lanzoni (2012). Empathy in Translation: Movement and Image in the Psychological Laboratory. *Science in Context*, 25, pp 301-327 doi:10.1017/S0269889712000154
3. Lanzoni, S. (2016). Imagining and imaging the Social Brain: The case of Mirror Neurons. *Canadian Journal of Medical History*, 33, 447-464. doi: 10.3138/cbmh.33.2.151-27012015
4. Lanzoni, S. (2018). *Empathy: A history*. Yale University Press.
5. Braten, S. (2007). *On Being Moved: from mirror neurons to empathy*. Amsterdam/Philadelphia: John Benjamins.
6. Braten, S. (2013). Roots and Collapse of Empathy. Human nature at its best and worst. Amsterdam/Philadelphia: John Benjamins.
7. de Waal, F. (2010). *The Age of Empathy: Nature's lessons for a kinder Society*. New York: Three Rivers Press.
8. Gallese, V. (2003). The roots of empathy: the shared manifold hypothesis and the neural basis of intersubjectivity. *Psychopathology*, 36 (4), 171-180.
9. Ferrari, P. F., & Gallese, V. (2007). Mirror neurons and intersubjectivity. *On being moved*, 73-88.
10. Iacoboni, M. (2009). *Mirroring People: The Science of Empathy and how we connect with others*. New York: Picador.
11. Mezzenzana, F. & Peluso, D. (2023). *Conversations on Empathy. Interdisciplinary Perspectives on Imagination and Radical Othering*. Routledge.
12. Kirtsoglou, E., & Theodossopoulos, D. (2018). Empathy, as affective ethical technology and transformative political praxis. *Moral Anthropology: A Critique*, 16, 104-132.
13. Pedwell, C. (2016). De-colonising empathy: Thinking affect transnationally. *Samyukta: A Journal of Gender and Culture*, 1(1).
14. Lux, V. & Weigel, S. (eds.)(2017). *Empathy. Epistemic Problems and Cultural-Historical Perspectives of a Cross-Disciplinary Concept*. London: Palgrave-MacMillan.
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3η Θεματική: Αναστοχαστικότητα || 4th Theme: Reflexivity (23/12/2024)

1. Papastylanou, A. (Dona). (2021). The therapeutic relationship in systemic therapy. *Psychology: The Journal of the Hellenic Psychological Society*, 26(2), 86–109. https://doi.org/10.12681/psy_hps.26874
2. Hoffman, L. (1991). A reflexive stance for family therapy. *Journal of Strategic and Systemic Therapies*, 10(3-4), 4-17.
3. Burnham, J. (2018). Relational reflexivity: a tool for socially constructing therapeutic relationships. In *The space between* (pp. 1-17). Routledge.
4. Finlay, L. (2008). Reflecting on 'Reflective practice'. [https://oro.open.ac.uk/68945/1/Finlay-\(2008\)-Reflecting-on-reflective-practice-PBPL-paper-52.pdf](https://oro.open.ac.uk/68945/1/Finlay-(2008)-Reflecting-on-reflective-practice-PBPL-paper-52.pdf)

5. Finlay, L. (2005). " Reflexive embodied empathy": A phenomenology of participant-researcher intersubjectivity. *The humanistic psychologist*, 33(4), 271-292.
6. Lazard, L., & McAvoy, J. (2017). Doing reflexivity in psychological research – What’s the point? What’s the practice? *Qualitative Research in Psychology*, 17 (2), 159-177, <https://doi.org/10.1080/14780887.2017.1400144>
7. Τσέκερης Χ. (2012). Strong reflexivity / weak theory. *The Greek Review of Social Research*, 137, 233–251. <https://doi.org/10.12681/grsr.26>
8. Zembylas, M. (2014). The Place of Emotion in Teacher Reflection: Elias, Foucault and ‘Critical Emotional Reflexivity.’ *Power and Education*, 6(2), 210–222. <https://doi.org/10.2304/power.2014.6.2.210>
9. Zembylas, M. (2008). Discrimination Through Critical Emotional Reflexivity in Online Learning. *Adult Education Quarterly*, 59(1), 61–82.
10. Zienkowski J (2017). Reflexivity in the transdisciplinary field of critical discourse studies. *Palgrave Communications*. 3, 17007.

4η Θεματική: Συμπόνοια || 4th Theme: Compassion (27/1/2025)

1. Gilbert, P. (2017). Compassion: Definitions and controversies. In *Compassion* (pp. 3-15). Routledge.
2. Gehart, D. R., & McCollum, E. E. (2007). Engaging suffering: Towards a mindful re-visioning of family therapy practice. *Journal of Marital and Family Therapy*, 33(2), 214-226.
3. Gilbert, P. (2009). Introducing compassion-focused therapy. *Advances in psychiatric treatment*, 15(3), 199-208. <https://www.cambridge.org/core/services/aop-cambridge-core/content/view/ECBC8B7B87E90ABB58C4530CDEE04088/S1355514600005654a.pdf/introducing-compassion-focused-therapy.pdf>
4. Soto-Rubio, A., & Sinclair, S. (2018). In defense of sympathy, in consideration of empathy, and in praise of compassion: A history of the present. *Journal of pain and symptom management*, 55(5), 1428-1434.
5. Taylor, B. (2021). The history of compassion. In *How Compassion can Transform our Politics, Economy, and Society* (pp. 39-46). Routledge.
6. Chaney, S. (2021). Before compassion: sympathy, tact and the history of the ideal nurse. *Medical Humanities*, 47(4), 475-484.

5η Θεματική: Συναρμογή || 5th Theme: Assemblage (24/2/2025)

1. Elkaim Mony. (1991) «Αν μ’ αγαπάς μη μ’ αγαπάς» (κεφ 6: από το θεραπευτικό σύστημα στη συναρμογή, σελ. 187-206). Κέδρος, Αθήνα.
2. Delanda, M. (2016). *Assemblage Theory*. Edinburgh: Edinburgh University Press.
3. Deleuze, G. & Guattari, F. (1987/2017). *Καπιταλισμός και Σχιζοφρένεια II: Χίλια Πλατώματα* (μτφρ. Β. Πατσογιάννης). Αθήνα: Πλέθρον.
4. Buchanan, Ian (2021). *Assemblage theory and method: an introduction and guide*. New York: Bloomsbury Academic.

5. Κοτιώνης, Ζ. (08.07.2009). Για την Τέχνη της Συναρμογής και την Πρακτική της Φροντίδας. Διαθέσιμο στο: https://www.avgi.gr/entheta/317954_assemblage
6. McFarlane, C. (2011). Assemblage and critical urbanism. *City* 15(2), 204–224.
7. Gilles Deleuze on Assemblage Theory, Partial Objects, and the Symbioses of the Unconscious (Theoretical Puppets):
<https://youtu.be/oCXa8ln8hZ8?si=OPqlXfnGJfmWYKD3>

6η Θεματική: Συνήχηση || 6th Theme: Resonance (31/3/2025)

- Pluymakers, J. (2021). Από τη διάταξη στη συνάθροιση. Αφιέρωμα στον Mony Elkaim. *Συστημική Σκέψη & Ψυχοθεραπεία*, 18. Διαθέσιμο στο: <https://hestafta.org/journal/systemic-thinking-psychotherapy/issue/18/afieroma-ston-mony-elkaim>
- Elkaim Mony. (1991) «Αν μ' αγαπάς μη μ' αγαπάς» (κεφ 6: Οι συνηχήσεις, σελ. 197-201). Κέδρος, Αθήνα.
- Καλδριμιτζιάν, Ν. (2015). ΤΟ ΦΑΙΝΟΜΕΝΟ ΤΗΣ ΣΥΝΗΧΗΣΗΣ: ΟΤΑΝ Ο ΘΕΡΑΠΕΥΤΗΣ ΚΑΙ Ο ΘΕΡΑΠΕΥΟΜΕΝΟΣ ΑΛΛΗΛΕΠΙΔΡΟΥΝ ΜΕ ΑΦΟΡΜΗ ΤΟΥΣ «ΛΑΙΣΤΡΥΓΟΝΑΣ ΚΑΙ ΤΟΥΣ ΚΥΚΛΩΠΑΣ ΤΟΥΣ». *Συστημική Σκέψη & Ψυχοθεραπεία*, 7,
- Birchmore, T. (2015). Group Analytic Concepts: Resonance. *Group Analysis*, 48(2_suppl), 59-63.
<https://doi.org/10.1177/05333164155832621>
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7η Θεματική: Εγκαρσιότητα || 7th Theme: Transversality (28/4/2025)

- Guattari, F. (2015). Transversality, in: *Psychoanalysis and Transversality: Texts and Interviews 1955-1971*, translated by Ames Hodges. Los Angeles, California: Semiotext(e).
- Guattari, F. (2015). Transdisciplinarity must become transversality. *Theory, Culture and Society*, 32 (5-6), 131-137.
- Ffrench, R. P. (2023). Guattari's Therapeutics: From Transference to Transversality. *Deleuze & Guattari Studies*, 17 (2), 217-235.
- Transversality. <https://newmaterialism.eu/almanac/t/transversality.html>
- Andrew Goffey, (2016). Guattari and transversality: Institutions, analysis and experimentation, *Radical Philosophy* 195.
- Farr, P. (2022). Transversality and Trauma Recovery: From Feminist Psychology to Schizoanalytic Micropolitics. *Coils of the Serpent*, 10, 170-194.

8η Θεματική: Περίθλαση || 8th Theme: Diffraction (26/5/2025)

1. Bozalek, V., & Murris, K. (2021). Diffraction. In *A glossary for doing postqualitative, new materialist and critical posthumanist research across disciplines* (pp. 54-57). Routledge.

2. Haraway, D. (2000). Diffraction as a Critical Consciousness. How Like a Leaf. An Interview with Thyrza Nichols Goodeve.
3. Van der Tuin, I. (2019). Deleuze and diffraction. *Posthuman ecologies: Complexity and process after Deleuze*, 17-39.
4. Murris, K., & Bozalek, V. (2019). Diffraction and response-able reading of texts: The relational ontologies of Barad and Deleuze. *International Journal of Qualitative Studies in Education*, 32(7), 872-886.
5. ERNST, W. Diffraction Patterns?. *Gender in Science and Technology*, 147.
<https://library.oapen.org/bitstream/handle/20.500.12657/31463/627783.pdf?sequence=1&isAllowed=y#page=128>
6. Barla, J. (2023). Beyond reflexivity and representation: Diffraction as a methodological sensitivity in science studies. *Distinktion: Journal of Social Theory*, 24(3), 444-466.
7. Bozalek, V., & Zembylas, M. (2017). Diffraction or reflection? Sketching the contours of two methodologies in educational research. *International journal of qualitative studies in education*, 30(2), 111-127.
8. Schrader, A. (2009). Diffractive experiments in the ethics of mattering. *Subjectivity*, 28(1), 349-353.

9η Θεματική: Φροντίδα || 9th Theme: Care (30/6/2025)

1. The Care Collective (Chatzidakis, A., Hakim, J., Littler, J., Rottenberg, C. & Segal, L.) (2022). *To Μανιφέστο της Φροντίδας. Η πολιτική της αλληλεξάρτησης*. Ροπή.
2. Tronto, J.C. (2011). Για μια πολιτική της μέριμνας σε έναν ευάλωτο κόσμο (μτφρ.Μ.Τσεβρενή). Αθήνα: Πόλις.
3. Bowlby, S. (2012). Recognising the time-space dimensions of care: caringscapes and carescapes. *Environment and Planning*, 44 (9), 2101-2118.
4. Ivanova, D., Wallenburg, I. & Bal, R. (2016). Care in Place: A case study of assembling a carescape. *Sociology of Health and Illness*, 38 (8), 1336-1349.
5. Thomas C. (1993). De-constructing concepts of care. *Sociology*, 27, 649-669
6. <https://www.news247.gr/magazine/i-anagki-gia-to-manifesto-tis-frontidas-se-enan-kosmo-pou-moiazai-na-dialietai/>
7. <https://youtu.be/g6G7mNSC0a0?si=J9N9YfQc1KxStWPz>